







Wushu Summer Camp by Austrian Wushu Federation 5. Sommerlager 2024 - Österreichischer Wushu Verband

English translation is developed based on the content version June 19th 2024.

The content is subject to the online German version,
in case of changes or question, please refer to AWF website
or consult us directly.
p.liu@wushu-awf.at

The Austrian Wushu Federation invites all Wushu enthusiasts to participate in the training camp (July 13 to 20, 2024), in beautiful Lungau, Salzburg.

Once again, our camp will feature a high-level coaching team from China and internationally:

Prof. Tao MENG (7th Duan in Chinese Wushu)	Professor Meng Tao holds a 7th Duan in Chinese Wushu and is a distinguished teacher in Beijing. She is a professor and Ph.D. supervisor at the Capital University of Physical Education and Sports, leading a high-level innovation team in Beijing universities. As a national Wushu judge, she has long been devoted to Wushu education and cross-cultural communication. Besides judging national Wushu events, she has led numerous national and provincial research projects and presented at international conferences. Over the past 20 years, she has taught and participated in cultural exchanges in the USA, Germany, Italy, and India, published over 10 academic works and textbooks, and has been invited to teach at the Austrian Wushu Summer Camp and participate in Duanwei evaluations since 2015.	
Prof. Yuan SUN (7th Duan)	Professor Sun Yuan is an Associate Professor at Northeast Forestry University and a national-level judge in China. She specializes in Changquan, swordsmanship, Eagle Claw, spear techniques, and Sanda. With extensive experience in training students and youth in Wushu, her students have achieved excellent results across various age groups.	
Coach Jin TANG (6th Duan)	Coach Tang began his training at home at the age of 5 and won multiple medals in the Liaoning Provincial Team and Chinese National Championships. He studied sports management, physical education, and school sports, and has over 23 years of coaching experience. Since 2006, he has been the coach of the Austrian national team and an international Wushu judge. 3/3	
Coach Ayman Hosseameldin	Coach Ayman started with Judo in his childhood and began training in Wushu Sanda as a teenager. He has been coaching since 2004 and became the Sanda coach for the African Wushu Federation and the Egyptian national team in 2009. With extensive experience in boxing, K1 competitions, and Sanda championships, he has often been invited to serve as a guest coach for the Polish Wushu Federation.	

Organizers: Austrian Wushu Federation

Location: Jugend- und Familiengästehaus Mauser, Mühltaler Markt 86, 5570 Mauterndorf, Austria

Registration: Complete and sign the form (see attachment) - Send it via email to office@wushu-awf.at

Payment: Use the IBAN information in the document footer for transfer, and please note your registration details.

Contact: +43 699 1 888 6666 or email: p.liu@wushu-awf.at

Training subjects from July 13 to 20:

- Adult Wushu: Long Fist, Tai Chi (Yang and Sun styles), Xing Yi, Bagua, Swordsmanship, Weapons
- Adult Wushu: Sanda
- Youth Wushu

Packages – Training and Accommodation (excluding transportation):

- Adults (15+): €690 for all courses
- Children (6-14): €560 for all courses
- Children Wushu Project (6+): €370
- Twin Room: €750 per person
- Single Room: €820

Course-only Participation:

- Adults: €250 - 1 Wushu project (non-IWUF members €350)
- All projects: €350 (non-IWUF members €420)
- Children Wushu Project (6+): €140
- Additional siblings: +€60

Duanwei Examination:

- Initial Duan: €60
- Second Duan: €90
- Third Duan: €130
- Non-Austrians must provide a confirmation letter from their national association.

Transportation:

- A round-trip bus from Vienna to Mauterndorf will be organized if there are enough registrations.
- Cost: approximately €110
- Departure: July 12, 9:30 AM, Vienna Schwedenplatz, night bus station
- Arrival: July 20, 2:30 PM, Vienna Schwedenplatz, night bus station

For more details, please check the attached course schedule and specific fees.

For further inquiries, please contact p.liu@wushu-awf.at.

Registration Form - 2024 Anmeldeformular - Sommerlager 2024

Vorname _____ Nachname _____

Geburtsdatum _____ (YYYY/MM/DD) Tel _____

E-Mail _____ Straße _____

PLZ _____ Ort _____

Kurse: Package - alle Stile | Sanda Taiji Xing Yi + Ba Gua
 Bing Qi Dao Jian Shu

Prüfung: 1. Duan 2. Duan 3. Duan

Stil _____ Verein _____

Unterkunft

- 1) Package anders selbst organisiert 2) Mehrbettzimmer Doppelzimmer Einzelzimmer 3) vegan Kids Wushu Programm Bus Wien und zurück (mit Mehrkosten verbunden)

Eigene Anmerkungen

Datum, Unterschrift _____

Anmeldeformular – Sommerlager 2024

Vorname _____ Nachname _____

Geburtsdatum _____ (YYYY/MM/DD) Tel _____

E-Mail _____ Straße _____

PLZ _____ Ort _____

Kurse: Package - Alle Stile | Sanda Taiji Xing Yi + Ba Gua
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Stil _____ Verein _____

Unterkunft

- 1) Package anders selbst organisiert 2) Mehrbettzimmer Doppelzimmer Einzelzimmer 3) vegan Kids Wushu Programm Bus Wien und zurück (mit Mehrkosten verbunden)

Eigene Anmerkungen

Datum, Unterschrift _____

Course Calendar - Wushu Programm alle Kurse**

Samstag 13.07.24	Sonntag 14.07.24	Montag 15.07.24	Dienstag 16.07.24	Mittwoch 17.07.2024	Donnerstag 18.07.24	Freitag 19.07.24	Samstag 20.07.24
09:00 Treffen am Schwedenplatz Nachtbus Station	07:30 Frühstück	07:30 Frühstück	07:30 Frühstück	07:30 Frühstück	07:30 Frühstück	07:30 Frühstück	7:30 Frühstück
09:30 Abfahrt Wien Schwedenplatz Nachtbus Station	08:30 – 10:15 <u>Taiji</u> <u>Dr. Meng Tao</u>	08:30 – 10:15 <u>Taiji</u> <u>Dr. Meng Tao</u>	08:30 – 10:15 <u>Taiji</u> <u>Dr. Meng Tao</u>	08:30 – 10:15 <u>Taiji</u> <u>Dr. Meng Tao</u>	08:30 – 10:15 <u>Taiji</u> <u>Dr. Meng Tao</u>	08:30 – 10:15 <u>Taiji</u> <u>Dr. Meng Tao</u>	Checkout
Mittagspause in Murau	10:30 – 12:15 <u>Chang Quan</u> <u>Sun Yuan</u>	10:30 – 12:15 <u>Chang Quan</u> <u>Sun Yuan</u>	11:00 Wandern - Gemeinsames Programm in Lungau	10:30 – 12:15 <u>Chang Quan</u> <u>Sun Yuan</u>	10:30 – 12:15 <u>Chang Quan</u> <u>Sun Yuan</u>	10:30 – 12:15 <u>Chang Quan</u> <u>Sun Yuan</u>	09:00 Abfahrt von Mauterndorf
~15:00 Ankunft + Check in	12:45 – 14:30 Mittagessen	12:45 – 14:30 Mittagessen		12:45 – 14:30 Mittagessen	12:45 – 14:30 Mittagessen	12:45 – 14:30 Mittagessen	
16:30 – 18:15 <u>Jian Shu</u> <u>Sun Yuan</u>	14:30 – 16:15 <u>Jian Shu</u> <u>Sun Yuan</u>	14:30 – 16:15 <u>Jian Shu</u> <u>Sun Yuan</u>		14:30 – 16:15 <u>Jian Shu</u> <u>Sun Yuan</u>	14:30 – 16:15 <u>Jian Shu</u> <u>Sun Yuan</u>	14:30 – 16:15 <u>Jian Shu</u> <u>Sun Yuan</u>	~13:30 Ankunft in Wien Schwedenplatz Nachtbus Station
18:45 Abendessen	16:30 – 18:15 <u>Ba Gua+XingYi</u> <u>Dr. Meng Tao</u>	16:30 – 18:15 <u>Ba Gua+XingYi</u> <u>Dr. Meng Tao</u>		16:30 – 18:15 <u>Ba Gua+XingYi</u> <u>Dr. Meng Tao</u>	16:30 – 18:15 <u>Ba Gua+XingYi</u> <u>Dr. Meng Tao</u>	16:45 – 18:30 Duan Prüfungen	
20:00 – 21:00 <u>Bing Qi Dao</u> <u>Tang Jin</u> <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	18:45 Abendessen	18:45 Abendessen		18:45 Abendessen	18:45 Abendessen	18:45 Abendessen	
	20:00 – 21:00 <u>Bing Qi Dao</u> <u>Tang Jin</u> <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	20:00 – 21:00 <u>Bing Qi Dao</u> <u>Tang Jin</u> <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>		20:00 – 21:00 <u>Bing Qi Dao</u> <u>Tang Jin</u> <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	20:00 – 21:00 <u>Bing Qi Dao</u> <u>Tang Jin</u> <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	20:00 Get-Together	

**Änderungen vorbehalten. Course calendar subject to change

Course Calendar - Sanda Programm - alle Kurse**

Samstag 13.07.24	Sonntag 14.07.24	Montag 15.07.24	Dienstag 16.07.24	Mittwoch 17.07.2024	Donnerstag 18.07.24	Freitag 19.07.24	Samstag 20.07.24
09:00 Treffen am Schwedenplatz Nachtbus Station	07:30 Frühstück	07:30 Frühstück	07:30 Frühstück	07:30 Frühstück	07:30 Frühstück	07:30 Frühstück	7:30 Frühstück
09:30 Abfahrt Wien Schwedenplatz Nachtbus Station	08:30 – 10:15 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	08:30 – 10:15 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	08:30 – 10:15 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	08:30 – 10:15 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	08:30 – 10:15 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	08:30 – 10:15 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	Checkout 09:00 Abfahrt von Mauterndorf
Mittagspause in Murau	10:30 – 12:15 <u>Sanda</u> <u>Tang Jin</u>	10:30 – 12:15 <u>Sanda</u> <u>Tang Jin</u>	11:00 Wandern - Gemeinsames Programm in Lungau	10:30 – 12:15 <u>Sanda</u> <u>Tang Jin</u>	10:30 – 12:15 <u>Sanda</u> <u>Tang Jin</u>	10:30 – 12:15 <u>Sanda</u> <u>Tang Jin</u>	
~15:00 Ankunft + Check in	12:45 – 14:30 Mittagessen	12:45 – 14:30 Mittagessen		12:45 – 14:30 Mittagessen	12:45 – 14:30 Mittagessen	12:45 – 14:30 Mittagessen	~13:30 Ankunft in Wien Schwedenplatz Nachtbus Station
16:30 – 18:15 <u>Sanda</u> <u>Tang Jin</u>	14:30 – 16:15 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	14:30 – 16:15 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>		14:30 – 16:15 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	14:30 – 16:15 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	14:30 – 16:15 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	
18:45 Abendessen	16:30 – 18:15 <u>Sanda</u> <u>Sun Yuan</u>	16:30 – 18:15 <u>Sanda</u> <u>Sun Yuan</u>		16:30 – 18:15 <u>Sanda</u> <u>Sun Yuan</u>	16:30 – 18:15 <u>Sanda</u> <u>Sun Yuan</u>	16:45 – 18:30 Duan Prüfungen	
20:00 – 21:00 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	18:45 Abendessen	18:45 Abendessen		18:45 Abendessen	18:45 Abendessen	18:45 Abendessen	
	20:00 – 21:00 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	20:00 – 21:00 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>		20:00 – 21:00 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	20:00 – 21:00 <u>Sanda</u> <u>Ayman</u> <u>Hossamedlin</u>	20:00 Get-Together	

**Änderungen vorbehalten Course calendar subject to change

Course Calendar - Kids Wushu Programm**

Samstag 13.07.24	Sonntag 14.07.24	Montag 15.07.24	Dienstag 16.07.24	Mittwoch 17.07.24	Donnerstag 18.07.24	Freitag 19.07.24	Samstag 20.07.24
09:00 Treffen am Schwedenplatz Nachtbus Station	07:30 Frühstück	07:30 Frühstück	07:30 Frühstück	07:30 Frühstück	07:30 Frühstück	07:30 Frühstück	07:30 Frühstück
09:30 Abfahrt von Wien mit dem Bus Schwedenplatz Nachtbus Station	08:30 – 10:00 Taolu Training <u>Tang Jin</u>	08:30 – 09:50 Taolu Training <u>Tang Jin</u>	11:00 Wandern mit Lunchpaket - Gemeinsames Programm in Lungau Ausflug Erlebnisberg Großeck Speiereck oder Taurachbahn oder Wanderung auf die Alm	08:30 – 09:50 Taolu Training <u>Tang Jin</u>	08:30 – 09:50 Taolu Training <u>Tang Jin</u>	08:30 – 09:50 Taolu Training <u>Tang Jin</u>	Checkout 09:00 Abfahrt von Mauterndorf
Mittagspause in Murau	10:30 – 11:00 Sanda Training <u>Hossamedlin</u>	10:30 – 11:00 Sanda Training <u>Hossamedlin</u>		10:30 Sanda Training <u>Hossamedlin</u>	10:30 Sanda Training <u>Hossamedlin</u>	10:30 Sanda Training <u>Hossamedlin</u>	
~15:00 Ankunft + Check in	12:45 – 14:30 Mittagessen	12:45 – 14:30 Mittagessen		12:45 – 14:30 Mittagessen	12:45 – 14:30 Mittagessen	12:45 – 14:30 Mittagessen	~13:30 Ankunft in Wien Schwedenplatz Nachtbus Station
16:30 – 18:15 Sanda Training <u>Hossamedlin</u>	14:30 – 16:00 Taolu Training <u>Tang Jin</u>	14:30 – 16:00 Taolu Training <u>Tang Jin</u>		14:30 – 16:00 Taolu Training <u>Tang Jin</u>	14:30 – 16:00 Taolu Training <u>Tang Jin</u>	16:45 – 18:30 Duan Prüfungen	
	16:30 Freizeit	16:30 Freizeit		16:30 Freizeit	16:30 Freizeit		
18:45 Abendessen	18:45 Abendessen	18:45 Abendessen	18:45 Abendessen	18:45 Abendessen	18:45 Abendessen	18:45 Abendessen	

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