



## 4<sup>th</sup> Summer Camp 2023- Austrian Wushu Federation

Sanda, Bagua, Taiji, Xing Yi, Qiang Shu, Gun Shu

We gladly announce that we are able to invite well-respected Wushu Teachers for our 4<sup>th</sup> Summer Camp.

Tang Jin, Austrian National Coach, Professor Dr. Meng Tao from the Capital University of Physical Education and Sport in Beijing, Professor Qi Wen Wen, associate professor and teacher at Zhengzhou Institute of Aeronautical Industry Management

We look forward seeing you at an intense but also diverting training week at the very beautiful Lungau in Salzburg.

### Teachers:

- **Jin Tang:** Kids Training, Bing Qi Dao - Weapon Combat
- **Prof Meng Tao:** Taiji, Xing Yi, Ba Gua
- **Prof Qi Wen Wen:** Sanda, Qiang Shu (Speer) 1<sup>st</sup> set (Please bring your own Qiang – we can organise one if you're unable to get one. – contact: [office@wushu-awf.at](mailto:office@wushu-awf.at) )

**Organiser:** Austrian Wushu Federation

**Location:** Jugend- und Familiengästehaus Mauser-Mühltaler Markt 86, 5570 Mauterndorf, Austria

**Application:** filled and signed form via e-mail: [office@wushu-awf.at](mailto:office@wushu-awf.at) .

Payments before the **15<sup>th</sup> of June 2023** get a price reduction of 20€ for the course.

### Packages

all courses, accommodation+fees, lungaucard, **bus travel +80€** - (Vienna - Murau (Stop for Lunchbreak) – Mauterndorf - Vienna), will be organized if enough demand

- Adult+ above 15Y: 580€ | 560€\*
- Kids 6+ all courses: 510€ | 490€\*
- Kids 6+ Kids Program: 440€ | 420€\* (all entrance fees included)
  
- Double Room: +10€ per day and person
- Single Room: +15€ per day

It is not obligatory to stay in our suggested accommodation. You can book the programs separately.

### Courses

- 210 € | 190 €\* - 1 Wushu program per day (except Sanda, for non IWUF Members 250€)
- 280€ | 260 €\* - all Wushu programs a day (for non IWUF Members 320€)
- 110€ | 90 €\* - Kids Wushu Program 6+Years - +60€ | +40€\* per additional sibling

\* For applications and payments before the 15<sup>th</sup> of June 2023

### Duan Examination

- 1<sup>st</sup> Duan: 60€
- 2<sup>nd</sup> Duan: 90€
- 3<sup>rd</sup> Duan: 130€

For non Austrians: Please send us a confirmation of your local association – We can contact your national federation for you. Please write an request to [office@wushu-awf.at](mailto:office@wushu-awf.at)

### Travel from Vienna: (+80€ bus travel if requested)

- 26<sup>th</sup> of August 2023 9:30am: Pickup at Vienna Schwedenplatz, Nightbus Station
- 1<sup>st</sup> of September 2023 1:30pm: Arrival to Vienna Schwedenplatz, Nightbus Station

## National Coach Resume - Tang Jin



Tang Jin began his Wushu training within his family at the age of 5. He achieved success by winning numerous medals as a member of the provincial team in Liaoning and also in the Chinese National Championships. Furthermore, he pursued his studies in Sport Management, Sport Pedagogics, and School Sports at Shenyang Sport University.

Tang Jin possesses over 23 years of coaching experience, including roles at TCM - University in Liaoning, Sports Institute Liaoning, and as a Sanda Coach for a team consisting of 70 athletes. Additionally, he has been actively involved in the creation of the European Taiji Bluebook Authors Committee. Since 2006, he has served as the Austrian National Coach and an International Wushu Judge.

## Professor Resume - Dr. Meng Tao



Dr. Tao MENG, professor of Capital University of Physical Education and Sports, is a Tutor of postgraduates as well as a National referee. She also holds a certificate of Level 7 of Chinese Martial Arts and is one of the top talented teachers in Beijing. Dr. Meng was a visiting scholar at the University of the Pacific, California USA. She is also a senior advisor of US Wushu Academy.



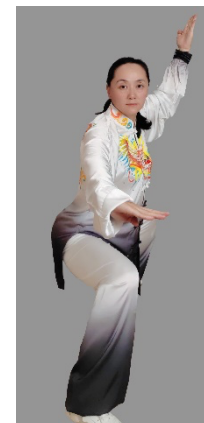
Being a referee, Dr. Meng is deeply involved in the competitions and events at all levels hosted by the Chinese Wushu Association. She was invited to be the referee for American Youth Wushu Selection Competition and other US Martial Art competitions in US in 2012. Ever since 2001, Dr. Meng repeatedly gave lectures and participated in cultural exchange activities in Germany, Italy, India, United States and etc. She was sent to Austria and Switzerland by Chinese Wushu Association in 2015 to teach Chinese Martial Arts and evaluate the work of promoting Levels of Chinese Martial Arts.

## Professor Resume – Qi Wen Wen



Qi Wenwen, associate professor and teacher at Zhengzhou Institute of Aeronautical Industry Management, holds multiple roles and positions within the field of martial arts. She serves as the director of the national traditional sports teaching and research section, as well as the head of the course group. Additionally, she is an author on the editorial board of the World Taijiquan Blue Book, specifically focusing on the Chen-style Taijiquan genre. Qi Wenwen is also the director of the Chen-style Taijiquan genre development research center.

Furthermore, she holds impressive credentials in martial arts, being a national first-level martial arts referee and athlete in both Taijiquan and Sanda. With a six-dan Wushu ranking, she possesses expertise in various disciplines, including Taijiquan, Qiang, Gun, Dao, Jian, Tongbeiquan, Shaolinqun, Qigong and many more. Qi Wenwen's involvement in martial arts extends beyond her teaching role. Since 2005, she has taken charge of foreign martial arts teaching and exchange programs in Henan Province on multiple occasions. Her contributions to education and teaching were recognized in 2021 when she received the first prize at the 25th Henan Province Education and Teaching Informatization Exchange Activity. In 2022, she also participated in the compilation of the "Basic Course of National Martial Arts and Military Doctrine."



## Application form - Summercamp 2023

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Birthdate \_\_\_\_\_ (YYYY/MM/DD) Phone \_\_\_\_\_

e-mail \_\_\_\_\_ Street \_\_\_\_\_

ZIP \_\_\_\_\_ Place \_\_\_\_\_

Course:     Package | all styles     Taiji     Xing Yi + Ba Gua  
               Bing Qi Dao                     Qiang Shu    Sanda

Exam:         1<sup>st</sup> Duan     2<sup>nd</sup> Duan     3<sup>rd</sup> Duan

Style \_\_\_\_\_ School \_\_\_\_\_

### Accommodation

- |   |   |   |
|---|---|---|
| 1) <input type="checkbox"/> Package     | 2) <input type="checkbox"/> multi bedroom | 3) <input type="checkbox"/> vegan                   |
| <input type="checkbox"/> custom         | <input type="checkbox"/> double room      | <input type="checkbox"/> Kids Wushu Program         |
| <input type="checkbox"/> self-organised | <input type="checkbox"/> single room      | <input type="checkbox"/> Bus - Vienna and back +80€ |

Comments

Date, Signature \_\_\_\_\_

## Application Form – Summer Camp 2023

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Birthdate \_\_\_\_\_ (YYYY/MM/DD) Phone \_\_\_\_\_

e-mail \_\_\_\_\_ Street \_\_\_\_\_

ZIP \_\_\_\_\_ Place \_\_\_\_\_

Course:     Package | all styles     Taiji     Xing Yi + Ba Gua  
               Bing Qi Dao                     Qiang Shu    Sanda

Exam:         1<sup>st</sup> Duan     2<sup>nd</sup> Duan     3<sup>rd</sup> Duan

Style \_\_\_\_\_ School \_\_\_\_\_

### Accommodation

- |   |   |   |
|---|---|---|
| 1) <input type="checkbox"/> Package     | 2) <input type="checkbox"/> multi bedroom | 3) <input type="checkbox"/> vegan                   |
| <input type="checkbox"/> custom         | <input type="checkbox"/> double room      | <input type="checkbox"/> Kids Wushu Program         |
| <input type="checkbox"/> self-organised | <input type="checkbox"/> single room      | <input type="checkbox"/> Bus - Vienna and back +80€ |

Comments

Date, Signature \_\_\_\_\_

## Wushu Program all courses\*\*

Saturday 26.08.23	Sunday 27.08.2023	Monday 28.08.2023	Tuesday 29.08.2023	Wednesday 30.08.2023	Thursday 31.08.2023	Friday 1.09.2023
<b>09:00 meet at Schwedenplatz at Nachtbus Station</b>	<b>07:30 Breakfast</b>	<b>07:30 Breakfast</b>	<b>07:30 Breakfast</b>	<b>07:30 Breakfast</b>	<b>07:30 Breakfast</b>	<b>07:30 Breakfast</b>
<b>09:30 departure from Vienna by Bus</b> Schwedenplatz at Nachtbus Station	<b>08:30 – 10:15</b> <b>Taiji</b> <u>Prof Meng Tao</u>	<b>08:30 – 10:15</b> <b>Taiji</b> <u>Prof Meng Tao</u>	<b>08:30 – 10:15</b> <b>Taiji</b> <u>Prof Meng Tao</u>	<b>08:30 – 10:15</b> <b>Taiji</b> <u>Prof Meng Tao</u>	<b>08:30 – 10:15</b> <b>Taiji</b> <u>Prof Meng Tao</u>	Checkout
<b>09:30 departure from Vienna by Bus</b> Schwedenplatz at Nachtbus Station	<b>Sanda</b> <u>Qi Wen Wen</u>	<b>Sanda</b> <u>Qi Wen Wen</u>	<b>Sanda</b> <u>Qi Wen Wen</u>	<b>Sanda</b> <u>Qi Wen Wen</u>	<b>Sanda</b> <u>Qi Wen Wen</u>	<b>09:00 departure from Mauterndorf</b>
<b>Lunchbreak in Murau</b>	<b>10:30 – 12:15</b> <b>1<sup>st</sup> Qiang Shu</b> <u>Qi Wen Wen</u>	<b>10:30 – 12:15</b> <b>1<sup>st</sup> Qiang Shu</b> <u>Qi Wen Wen</u>	<b>10:30 – 12:15</b> <b>1<sup>st</sup> Qiang Shu</b> <u>Qi Wen Wen</u>	<b>10:30 – 12:15</b> <b>1<sup>st</sup> Qiang Shu</b> <u>Qi Wen Wen</u>	<b>10:30 – 12:15</b> <b>1<sup>st</sup> Qiang Shu</b> <u>Qi Wen Wen</u>	<b>~13:30 arrival in Vienna</b> Schwedenplatz Nachtbus Station
<b>~15:00</b> Arrival + Check in	<b>12:45 – 14:30</b> Lunch Break	<b>12:45 – 14:30</b> Lunch Break	<b>12:00</b> Hiking - Fun Program at Lungau	<b>12:45 – 14:30</b> Lunch Break	<b>12:45 – 14:30</b> Lunch Break	
<b>16:30 – 18:15</b> <b>1<sup>st</sup> Qiang Shu</b> <u>Qi Wen Wen</u>	<b>14:30 – 16:15</b> <b>Bing Qi Dao</b> <u>Tang Jin</u>	<b>14:30 – 16:15</b> <b>Bing Qi Dao</b> <u>Tang Jin</u>		<b>14:30 – 16:15</b> <b>Bing Qi Dao</b> <u>Tang Jin</u>	<b>14:30 – 16:15</b> <b>Bing Qi Dao</b> <u>Tang Jin</u>	
	<b>16:30 – 18:15</b> <b>Ba Gua+XingYi</b> <u>Prof Meng Tao</u>	<b>16:30 – 18:15</b> <b>Ba Gua+XingYi</b> <u>Prof Meng Tao</u>		<b>16:30 – 18:15</b> <b>Ba Gua+XingYi</b> <u>Prof Meng Tao</u>	<b>16:45 – 18:45</b> Duan Exam	
<b>18:45</b> Dinner	<b>18:45</b> Dinner	<b>18:45</b> Dinner		<b>18:45</b> Dinner	<b>18:45</b> Dinner	
					<b>20:00</b> Get-Together	

\*\* subject to modifications

## Kids Wushu Programm\*\*

Saturday 26.08.2023	Sunday 27.08.2023	Monday 28.08.2023	Tuesday 29.08.2023	Wednesday 30.08.2023	Thursday 31.08.2023	Friday 01.09.2019
<b>09:00 meet at Schwedenplatz at Nachtbus Station</b>	<b>07:30</b> Breakfast	<b>07:30</b> Breakfast	<b>07:30</b> Breakfast	<b>07:30</b> Breakfast	<b>07:30</b> Breakfast	<b>07:30</b> Breakfast
<b>09:30 departure from Vienna by Bus</b> Schwedenplatz at Nachtbus Station	<b>08:30</b> Freetime, Games, Table Tennis, Acrobatics	<b>08:30</b> Freetime, Games, Table Tennis, Acrobatics	<b>11:00</b> Hiking with packed lunch	<b>08:30</b> Freetime, Games, Table Tennis, Acrobatics	<b>08:30</b> Freetime, Games, Table Tennis, Acrobatics	Checkout
<b>Lunchbreak in Murau</b>	<b>10:30</b> Wushu Training ChuJi Gun Shu	<b>10:30</b> Wushu Training ChuJi Gun Shu	Trip to the mountain Großeck Speiereck or Taurachbahn (train through Lungau) or to the Mauser Almhut	<b>10:30</b> Wushu Training ChuJi Gun Shu	<b>10:30</b> Wushu Training ChuJi Gun Shu	<b>09:00</b> <b>Departure from Mauterndorf to Vienna</b>
<b>~15:00</b> Arrival <b>+ Check in</b>	<b>12:45</b> Lunch	<b>12:45</b> Lunch		<b>12:45</b> Lunch	<b>12:45</b> Lunch	<b>~14:30 Arrival in Vienna</b> Schwedenplatz Nachtbus Station
<b>16:30</b> Freetime	<b>13:30</b> Freetime	<b>13:30</b> Freetime		<b>13:30</b> Freetime	<b>13:30</b> Freetime	
<b>18:45</b> Dinner	<b>14:30</b> Wushu Training	<b>14:30</b> Wushu Training		<b>14:30</b> Wushu Training	<b>14:30</b> Wushu Training	
	<b>16:30</b> Freetime	<b>16:30</b> Freetime		<b>16:30</b> Freetime	<b>16:30</b> Freetime	
	<b>18:45</b> Dinner	<b>18:45</b> Dinner	<b>18:45</b> Dinner	<b>18:45</b> Dinner	<b>18:45</b> Dinner	

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