

## Farès Zerrou



Farès started his training at the age of 11 and was 10 years in the french national Team, now he is the french national coach in Indonésie. He won several times at the french national championship in nanquan, changquan, daoshu, gunshu, etc. and won the European Wushu Championship 2006 in Chang Quan and Daoshu.

He likes to do research in Qi, fighting skills and methods of chinese martial arts especially traditional martial arts like XingYiQuan.

