



Wushu Sommerlager 2017 – 6. August – 13. August 2017

Bagua, Chang Quan, Taiji, Xing Yi

Organisator: Österreichischer Wushu Verband

Ort: Jugend- und Familiengästehaus Mauser-Mühltaler Markt 86, 5570 Mauterndorf, Austria

Anmeldung: bis 23. März 2017 per E-Mail oder Fax

Preis: (Unterkunft kann auch selbst organisiert werden)

Unterkunft pro Tag und Person

- Vollpension
 - Kinder unter 5J: 25€
 - Kinder über 5J: 36€
 - über 15J / Erwachsene: 40€
 - Doppelzimmer: 45€
- Halbpension
 - Kinder unter 5J: 20€
 - Kinder über 5J: 31€
 - über 15J / Erwachsene: 35€
 - Doppelzimmer: 40€
- Ortstaxe ab Jahrgang 2002 und älter: 1.10€

Kurspreis für die ganze Woche

- 100€ - für einen Kurs (Schüler von Nichtverbandsmitgliedern 150€)
- 150€ - für alle Kurse (Schüler von Nichtverbandsmitgliedern 220€)
- 100€ - Kinderprogramm ab 5J - weitere Geschwister +50€

Duan Prüfung (Duan Formular + Sportpass + Foto mitzubringen)

- 1. Duan: 60€
- 2. Duan: 90€
- 3. Duan: 130€

Lehrer:

- **Prof Meng Tao** – ao. Professorin an der Capital University of Physical Education and Sports in Peking
 - Taiji, Xing Yi, Ba Gua
- **HE Xi Jing** – Polnische Nationaltrainerin
 - Chang Quan: Group C, 1. internationale Form, 3. internationale Form

Sommerlager 2017 – Österreichischer Wushu Verband

Vorname _____ Nachname _____

Geburtsdatum _____ (YYYY/MM/DD) Tel _____ E-Mail _____

Strasse _____ Ort _____ PLZ _____

Kurse: alle Stile Nur Taiji nur Xing Yi + Ba Gua nur Chang Quan

Prüfung: 1. Duan 2. Duan 3. Duan

Unterkunft:

- 1) selbst organisiert 2) Mehrbettzimmer 3) Sonntag – Sonntag
 Vollpension Doppelbettzimmer Sonntag – Samstag
 Halbpension Sonntag – Freitag

Unterschrift _____

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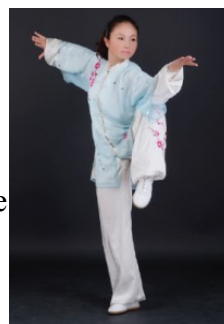
Plan

Sun 06.08.17	Mon 07.08.17	Tue 08.08.2017	Wed 09.08.2017	Thu 10.08.2017	Fri 11.08.2017	Sat 12.08.2017	Sun 13.08.2017
18:00 Arrival + Check in Dinner	09:00 – 11:00 Taiji <u>Prof Meng Tao</u>	09:00 – 11:00 Taiji <u>Prof Meng Tao</u>	09:00 – 11:00 Taiji <u>Prof Meng Tao</u>	09:00 – 11:00 Taiji <u>Prof Meng Tao</u>	09:00 – 11:00 Taiji <u>Prof Meng Tao</u>	09:00 – 11:00 Taiji <u>Prof Meng Tao</u>	Breakfast Checkout
	11:30 – 13:30 Chang Quan Group C <u>Xi Jing He</u>	11:30 – 13:30 1 st Chang Quan <u>Xi Jing He</u>	11:30 – 13:30 1 st Int Chang Quan <u>Xi Jing He</u>	11:30 – 13:30 3 rd Int Chang Quan <u>Xi Jing He</u>	11:30 – 13:30 Technique Jumps <u>Xi Jing He</u>	Fun Program Sightseeing	
	13:30 – 15:30 Lunch Break	13:30 – 15:30 Lunch Break	13:30 – 15:30 Lunch Break	13:30 – 15:30 Lunch Break	13:30 – 15:30 Lunch Break	13:30 – 15:30 Lunch Break	
	15:30 – 17:30 Chang Quan Technique Elementary <u>Xi Jing He</u>	15:30 – 17:30 1 st Chang Quan <u>Xi Jing He</u>	15:30 – 17:30 3 rd Chang Quan <u>Xi Jing He</u>	15:30 – 17:30 3 rd Chang Quan <u>Xi Jing He</u>	15:30 – 17:30 3 rd Int Chang Quan <u>Xi Jing He</u>		
	17:30 – 19:30 Xing Yi <u>Prof Meng Tao</u>	17:00 – 19:00 Xing Yi <u>Prof Meng Tao</u>	17:00 – 19:00 Ba Gua <u>Prof Meng Tao</u>	17:00 – 19:00 Ba Gua <u>Prof Meng Tao</u>	17:00 – 19:00 Duan Examination 1-3 Duan Chang Quan Taiji Ba Gua <u>Xing Yi</u>		

Professor Resume - Dr. Meng Tao



Dr. Tao MENG, professor of Capital University of Physical Education and Sports, is a Tutor of postgraduates as well as a National referee. She also holds a certificate of Level 7 of Chinese Martial Arts and is one of the top talented teachers in Beijing. Dr. Meng was a visiting scholar at the University of the Pacific, California USA. She is also a senior advisor of US Wushu Academy.



Being a referee, Dr. Meng is deeply involved in the competitions and events at all levels hosted by the Chinese Wushu Association. She was invited to be the referee for American Youth Wushu Selection Competition and other US Martial Art competitions in US in 2012. Ever since 2001, Dr. Meng repeatedly gave lectures and participated in cultural exchange activities in Germany, Italy, India, United States and etc. She was sent to Austria and Switzerland by Chinese Wushu Association in 2015 to teach Chinese Martial Arts and evaluate the work of promoting Levels of Chinese Martial Arts.

Coach Resume - Xijing HE



Coach Xijing He started training Chinese Martial Arts from the age of 6. Teacher Gao Ji Wu is the 6th generation of Bagua Zhang and good at many other Neijia style. With the extremely educating training programs, she has become 6-Duan level and one of the leading female Chinese Wushu athletes in the areas of Changquan, Straight sword, Broad sword, Spear, Staff, Fighting-set form, Traditional form, Shaolin, Taichi, and etc.

Xijing He is a second level Wushu coach in Poland and a second level Wushu Jude in China, she received four gold medals in International Wushu Festival from 2012 to 2015, three gold medals in Chinese Martial Arts Tournament during 2007 and 2008. and two times participated in International Coach Courses which organized by International Wushu Federation

She was teaching in Japan in 2009, after she graduated start from 2010 she was invited to be a National Wushu Team Coach in Poland and a teacher at Confucius Classroom in Warsaw Vistula University. With her great experience and well-known reputation she got invited by Slovak wushu association in 2016

